

# LUNCH MENU

All dry and dairy ingredients, meats, fish and vegetables used are freshly prepared on the premises, free range, of the highest quality and are from a sustainable source

## STARTERS

### SPICED RED LENTIL AND CHICKPEA SOUP (V)

served with raita and garlic and black onion seed crostini - £5.50

### SCOTTISH ROPE GROWN MUSSELS IN A RICH THAI CURRY SAUCE (V)

served with chunky house garlic bloomer - £8/£15

### GALANTINE OF AYLESBURY DUCK STUFFED WITH BLACK CHERRIES, WILD MUSHROOMS AND PISTACHIO NUTS

served with homemade Cumberland sauce and Melba toasts - £7.50

### FORESTERS' TRIO OF FISH COMPRISING OF ROLL MOP MACKEREL, HOUSE SMOKED SALMON AND CARPACCIO OF SEA BREAM

served with mixed leaves and smoked tomato Virgin Mary shot - £8.50

### WHITE CROSS GOATS CHEESE, LOVAGE AND WALNUT PITHIVIER (V)

served with roasted capsicum coulis - £7.00

### WARM SALAD OF CHICKEN, AVOCADO AND PUMPKIN SEED WITH BABY GEM LEAF

served with Devon blue cheese dressing and lemon croutons - £7.00

### WHOLE BAKED 120G CAMEMBERT CHEESE STUDED WITH ROSEMARY (V)

served with house baked garlic bread and red onion marmalade - £ 8.50

### BABY BACK RIBS IN SWEET, SPICED BBQ SAUCE

served with honey and teriyaki dressed Asian slaw - £7/£14

## MAINS

### SAUSAGE AND MASH OF THE WEEK

- £14.00 Please ask server

### PIE OF THE WEEK

- £16.50 Please ask server

### LINE CAUGHT, ALE BATTERED ATLANTIC COD WITH SCRAPS

served with thick cut king Edward chips, garden pea and fresh mint puree, tartar sauce and dressed lemon - £14.50

### 8OZ, 28 DAY AGED CALEDONIAN RIB EYE STEAK

served with pomme frites; confit Portobello mushroom caramelised onion and roasted cherry vine tomatoes, topped with a rocket salad and jus - £24.00

### 6OZ, 28 DAY AGED CALEDONIAN RIB EYE BURGER

with Montgomery cheddar cheese served in a double seeded cream brioche bun - £14.50  
- add smoked streaky bacon 75p  
- add salad 75p

### MONTGOMERY CHEDDAR OMELETTE (V)

served with skinny fries and a petit dressed salad - £7.00  
Extra fillings 75p

### LINGUINI PASTA (V)

with leeks, courgette, toasted pine nuts and dolcelatte cream - £14.50

Please inform your server if you have any special dietary requirements, intolerances or allergies and we will be more than happy to assist you or offer you an alternative choice.

A discretionary 10% service charge has been added to your bill. We hope that this is acceptable but it can be removed if necessary.

## BEFORE YOUR MEAL

### WHITE PEACH OR PASSION FRUIT BELLINI

- £ 7.50

### KIR ROYALE

- £ 7.50

## EXTRAS

### BLOOMER BREAD

with English butter - £ 3.50

### CLASSIC 'FORESTERS' TOASTED BLOOMER BREAD

with tomato aioli - £ 4.00

### MIXED MARINATED OLIVES

with sweet peppers, silver skin onions, chilli and cumin - £ 4.00

### GARLIC BREAD

- £ 4.00

### HOME MADE NACHOS

served with sour cream, avocado and a spiced cheese sauce - £6.00  
add chilli salsa £1.50

### HOMEMADE HUMMUS

served with toasted pitta - £4.00

## SIDES

### MASHED MARIS PIPER POTATO

- £ 3.50

### MIXED LEAF SALAD WITH HOUSE DRESSING

- £ 3.00

### SKINNY FRITES

- £ 3.80

### SEASONAL BUTTERED VEGETABLES

- £ 4.00 Please ask server

### CLASSIC 'FORESTERS' HOUSE KING EDWARD THICK CUT POTATOES

- £ 4.00

### BUTTERED GARDEN PEAS

- £ 3.00

# LUNCH MENU

All dry and dairy ingredients, meats, fish and vegetables used are freshly prepared on the premises, free range, of the highest quality and are from a sustainable source

## OPEN SANDWICHES - ALL £ 5.50

served on toasted farmhouse bread with dressed mixed leaf salad.  
Also available as a salad = S £1 supplement

### CHARGILLED FREE-RANGE CHICKEN BREAST (S)

smoked bacon, red onion and grain  
mustard mayonnaise

### TOASTED MONTGOMERY CHEDDAR CHEESE (S) (V)

with roasted vine tomatoes and  
Worcestershire sauce

### CALEDONIAN RARE ROAST FORE-RIB OF BEEF

with fresh horseradish cream  
- £1 supplement

### GLOUCESTER OLD SPOT PULLED PORK (S)

with spiced applesauce

## CLOSED SANDWICHES - ALL £ 5.50

### BREADED FISH FINGERS

with tomato sauce and mayonnaise

### 'THE FORESTERS' CHIP BUTTY (V)

with tomato sauce and mayonnaise  
Add extra cheese + 75p

## JACKET POTATOES - ALL £ 5.50

Served dressed mixed leaf salad

### CHILI CON CARNE

### TUNA MELT

ALL LUNCH MENU  
ITEMS ARE AVAILABLE FOR  
PRE-ORDER AND/OR  
TAKE AWAY

We encourage you please to question your server with any wine or guest ale, bottled and draught craft beer, lagers or spirit recommendation, matching's or lists.

Please inform your server if you have any special dietary requirements, intolerances or allergies and we will be more than happy to assist you or offer you an alternative choice.

A discretionary 10% service charge has been added to your bill. We hope that this is acceptable but it can be removed if necessary.